





## Operating Systems available today including Advantages and Disadvantages

Operating System	Type of Device	Price	Advantages	Disadvantages	Brand	Models
<b>Palm OS</b> 	Palms	\$\$-\$\$\$	Cheaper More programs available Sold in stores	No replaceable battery No voice recorders No new handheld devices introduced since 10/05	Palm	Zire, E2, T/X, T5 <sup>a</sup> & Lifedrive <sup>a</sup>
<b>Windows Mobile</b> 	Pocket PCs	\$\$\$\$	Replaceable battery Voice recorders	Shorter battery life Slower, more expensive Fewer programs available	Dell	Axim <sup>b</sup>
					Hewlett Packard	iPAQ
<b>Either Palm OS or Windows Mobile</b>	Smartphones	\$\$ - \$\$\$	Combines cellular & PDA technology Less to carry Some have push email Wide selection	Screens are smaller Additional charges Camera not appropriate in clinical settings	Palm	Treo
					Samsung	BlackJack
					Motorola	<i>Q</i>
<b>RIM OS</b> 	RIM Blackberries	?	Push email 24/7 contact Thumb board	No touch screen <i>Some</i> nutrition software? Additional charges	RIM Blackberry	Pearl Curve
<b>Mac OS X</b> 	iPhones	\$\$\$\$-\$\$\$\$\$\$	Combines phone, email, and iPod into one device Nice screen Latest technology	No third party applications?? Additional charges	Apple	iPhone

<sup>a</sup>No longer available from Palm's web site

<sup>b</sup>No longer available from Dell's web site

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